



The Chicago Parent Program

The Chicago Parent Program is designed to address the needs of parents raising young children (2-5 years old). Developed with an advisory board of African American and Latinx parents, this 12-session, video and group-based program provides the knowledge, skills, and confidence to help parents of young children be the best they can be.



7,600+

TESTED AND PROVEN

The Chicago Parent Program has helped over 7,600 parents raise happier, healthier children

95%

CONFIDENCE BOOSTING

95% of parents more confident in managing their child's behavior

100%

HIGH SATISFACTION RATE

100% of participants would recommend the program to other parents

1+ Years

LONG-LASTING IMPACT

The program reduces children's behavior problems, lasting up to 1 year or longer

Parents See Big Changes in Their Children and Themselves

"I've seen a **big change** in him!"

"The program is the **best thing that could have happened to me.**"

"You know [my son] wasn't respecting me... now he's working and everything... he tells me he loves me a lot... and he's **sleeping by himself**. And the **teacher says he's doing better.**"

"I **don't get frustrated anymore**. Before I used to scream a lot and then when I started taking the program [my husband] noticed that I was changing the way I am. It helped him a lot too."

"I think it's made me a **better parent.**"

"It helped me recognize what was going on with me. ... I recognize what was going on with me to help me fix what was going on with my kids.

Learn more:

Visit us at chicagoparentprogram.org

To bring the **Chicago Parent Program** to your community email us at cppinfo@chicagoparentprogram.org.