



# THE CONNECT

Connecting you to all things child care!

## A Note From the Executive Director

First and Foremost, let me say that the entire team at ACCC, and myself, are deeply concerned about everyone's safety and well-being. All of you are in our thoughts, and our hearts go out to all of you during this uncertain time. We are following the Governor's social distancing and large group gathering order by working remotely. We are still able to answer calls and emails. Until further notice, ACCC is only offering virtual training and eLearning (face to face trainings are suspended by Maryland State Department of Education). Technical Assistance and ECMH are still available in a virtual format, as we are unable to conduct in person visits at this time.

ACCC understands this is an extremely stressful time for everyone. We want to support you and help you alleviate some of that stress by offering a virtual support group. We will have more information on our website with exact dates and times.

Lastly, please remember to practice and maintain good hygiene and precautionary measures, as COVID-19 can spread from infected individuals to others through close personal contact. Providers must encourage social distancing within the workplace and staff must remain home if they are sick. Our hearts go out to each and every one of you as you continue to be extraordinary child care providers!

*Germaine Adams*

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# CORONAVIRUS (COVID-19)

Covid-19 (the Corona virus) has affected all of our community in one way or another. Arundel Child Care Connections is here to support our early care community through this pandemic. We have updated our website with a COVID-19 page (<https://arundelccc.org/resources/covid-19-information/>). This page will have the most accurate information from the office of Governor Larry Hogan, Maryland Family Network (MFN) and Maryland State Department of Education (MSDE).

**We are still doing trainings!!** Per MSDE regulations we are unable to hold face to face trainings, however ACCC is still here to offer training to our early childhood providers through our virtual platform. If you have any questions about training, please contact our training coordinator, Heather Pendleton at (443) 782-5007 or [heather@arundelccc.org](mailto:heather@arundelccc.org)

Here are some additional websites you can visit to find answers to some frequently asked questions surrounding COVID-19:

<http://www.marylandfamilynetwork.org/covidfaq>

<https://earlychildhood.marylandpublicschools.org/early-childhood-grants-programming-and-initiatives-maryland-during-covid-19-state-emergency>

<https://governor.maryland.gov/coronavirus/>

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Have you protected your business? Here are some recommendations to help make sure you have followed all the steps to ensure that you are not only complying with state regulations, but are also protecting your investment.

## **If you are open and servicing Essential Personal families and have a possible COVID-19 exposure in the facility, when can they reopen?**

Closing is to allow time for thorough cleaning and sanitizing the entire area, contact assessment and communication. Please contact your local health department and licensing specialist for guidance and approval to reopen. Depending on the reason for closure and number of persons exposed, closure could last for 14 days or more.

## **If you are NOT open and need financial assistance:**

The [CARES Act and direction for employees](#), Fact Sheet (Maryland Department of Labor); and,

The [Department of Labor](#)

Family Child Care Providers are eligible for a number of Federal programs. Our friends at NAFCC have three documents that can help you determine if you meet the criteria for eligibility. They are:

[CARES Unemployment Fact Sheet](#)

[EIDL Fact Sheet](#)

[Paycheck Protection Program Fact Sheet](#)

The Duke Law Community Enterprise Clinic has [created this resource](#) on completing the form and the process for the Paycheck Protection Program.



# CORONAVIRUS (COVID-19)

## **Supporting Mental Health During the COVID-19 Pandemic**

The outbreak of coronavirus disease 2019 (COVID-19) may be stressful—it can be difficult to cope with fear and anxiety, changing daily routines, and a general sense of uncertainty. Although people respond to stressful situations in different ways, taking steps to care for yourself and your family can help you manage stress.

### **Stress during an infectious disease outbreak can include**

- Fear and worry about your own health and the health of your loved ones
- Changes in sleep or eating patterns
- Difficulty sleeping or concentrating
- Worsening of chronic health problems
- Increased use of alcohol, tobacco, or other drugs

### **Things you can do to support yourself**

**Take breaks from the news.** Set aside periods of time each day during which you close your news and social media feeds and turn off the TV. Give yourself some time and space to think about and focus on other things.

**Take care of your body.** Take deep breaths, stretch, or meditate. Try to eat regular, well-balanced meals; get some physical activity every day; give yourself time to get a full night's sleep; and avoid alcohol and drugs.

**Make time to unwind.** Try to engage in activities and hobbies you enjoy. Engaging in these activities offers an important outlet for pleasure, fun, and creativity.

**Connect with others.** Talk with people you trust about your concerns and how you are feeling. Digital tools can help keep you stay connected with friends, family, and neighbors when you aren't able to see them in person.

**Set goals and priorities.** Decide what must get done today and what can wait. Priorities may shift to reflect changes in schedules and routines and that is okay. Recognize what you have accomplished at the end of the day.

**Focus on the facts.** Sharing the facts about COVID-19 and understanding the actual risk to yourself and people you care about can make an outbreak less stressful.

Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

### **Resources for Those in Distress**

#### **In an emergency**

Call 911

#### **Substance Abuse and Mental Health Services Administration (SAMHSA) Disaster Distress Helpline:**

Call 1-800-985-5990 (TTY 1-800-846-8517)

Text TalkWithUs to 66746

#### **National Institute of Mental Health (NIMH) Find Help**

Visit [www.nimh.nih.gov/findhelp](http://www.nimh.nih.gov/findhelp)

\* article retrieved from <https://www.nimh.nih.gov/news/science-news/2020/supporting-mental-health-during-the-covid-19-pandemic.shtml>

## ACCC Resource Room\*\*

Need to spruce up your environment? Stop by our resource room and get all your materials ready. We have hundreds of die-cuts to choose from for your designs, laminators, assorted designer cut scissors, a comb-style binding machine, plus a huge selection of books and magazines for ideas or solutions to many child care dilemmas. Please call ahead so we can warm up the laminator or make sure someone will be available to assist you. Please bring your own paper for use with the die-cuts.

Monday - Thursday  
9:30 am - 4:00 pm

### Hours:

Friday  
9:30 am - 2:00 pm

\*\* The resource room will resume operations as soon as all social distancing/gathering measures are no longer in effect.

### Resource Room Nights\*\*

Can't make it during the day? Join us for one of our resource room nights.

We will open the resource room from 5:00 pm – 7:00 pm on the following dates\*:

-Wednesday, July 15, 2020 -Wednesday, September 16, 2020 -Wednesday, November 18, 2020

\*You must call two days ahead to take advantage of our evening hours.

## ARUNDEL CHILD CARE CONNECTIONS, INC IS MAKING CHANGES FOR 2020!

### POLICY UPDATES

**Training Registration and participation rules have changed.** In order to better serve you ACCC has recently updated our refund policy.

- **Previous policy:** No refunds will be given unless ACCC cancels the workshop. A class may be cancelled/rescheduled if it does not have six or more participants registered 24-hours prior to the workshop date. In the case of a cancellation, participants will receive a credit transferable to another workshop or a refund will be given. If you need to cancel, you must give ACCC 24-hours' notice and credit will be given to your account.
- **New Policy:** No refunds will be given unless ACCC cancels the workshop. A class may be cancelled/rescheduled if it does not have six or more participants registered 24-hours prior to the workshop date. In the case of a cancellation, participants will receive a credit transferable to another workshop or a refund will be given. If you need to cancel, you must give ACCC 24-hours' notice and credit will be given to your account. You have 90 days from the date of class to request a credit/refund. After the 90 days you will forfeit any funds.

## Arundel Child Care Connections Holiday Closings

### Memorial Day

Monday, May 25, 2020

Independence Day (Observed)

Friday, July 3, 2020



# Who should I contact?

Arundel Child Care Connections, Inc is here to help you, the early childhood professional! Here is a list of our services and contact information:

## Children Arriving Mentally Prepared for School (CHAMPS)

CHAMPS Program is a grant funded mental health/behavioral service that assists parents and licensed early education settings in maintaining children who are displaying behavior challenges in their current environment. We specialize in servicing children birth to five years. If you are dealing with behaviors that do not appear typical, interferes with a child's daily activities, or becomes disruptive to the rest of your program we can come and assist you.

For further information or if you are interested in these **free** services you can contact our Early Childhood Mental Health Consultants:

**Tya Burris** CHAMPS Behavior Specialist 443-782-5001 ext. 105 [tya@arundelccc.org](mailto:tya@arundelccc.org)

**Danequa Offei** CHAMPS Behavior Specialist 443-782-5001 ext. 104  
[danequa@arundelccc.org](mailto:danequa@arundelccc.org)

## Technical Assistance Support and Coaching

We want to partner with you in providing high quality child care and running your business whether it's a center based program or family child care. Reach out to us for help with best practices for providing child care, maintaining regulations, curriculum, quality improvements, business administration practices, accreditation and more. We can help with an individual classroom, multiple classrooms and/or an entire program. We also provide Infant and Toddler support for programs caring for infants and toddlers.

If you are interested in taking advantage of this **free** service, please contact the Early Childhood Specialist at Arundel Child Care Connections

**Stacey King**- Early Childhood Specialist 443-782-5001 ext. 102 [stacey@arundelccc.org](mailto:stacey@arundelccc.org)

## Training

Arundel Child Care Connections (ACCC) offers a variety of workshops designed to support you as you fulfill your Maryland State Department of Education (MSDE), Office of Child Care (OCC) training requirements.

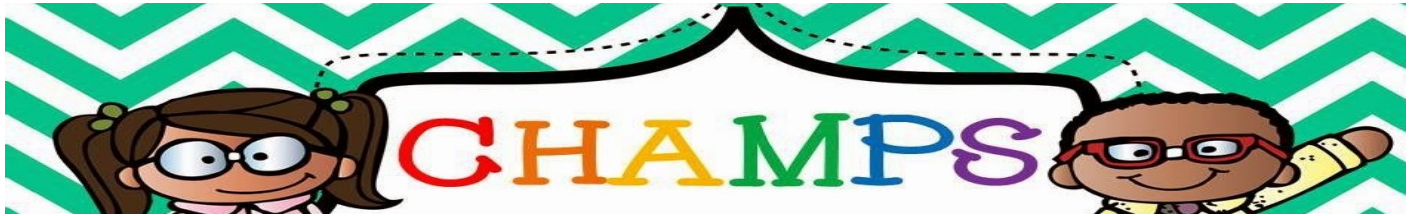
**Heather Pendleton**- Training Coordinator (443) 782-5001 ext 101 [heather@arundelccc.org](mailto:heather@arundelccc.org)

**Aleace Douglas**- Training Coordinator Assistant/Registrar 443-782-5001 ext.103  
[aleace@arundelccc.org](mailto:aleace@arundelccc.org)

Registering for a training? Need an additional copy of your training certificate? Please contact the **registrar** .

## On-Site Training

Onsite training is the perfect option for programs that are looking to train their team all at once. You can tailor the training to your programs specific needs. We work with you to meet your schedule by minimizing travel burdens or time away from work for your team. Contact our **Training Coordinator** to schedule your onsite training.



## Children Arriving Mentally Prepared for School

### **How to Ease Children's Anxiety About COVID-19**

*Dawn O'Malley, Psy.D.*

COVID-19 has changed our lives in ways we never would have imagined. Discussions about the virus dominate the news. Many schools and businesses are closed or running remotely. Sports events, concerts and movie theater showings are canceled. So, it's not surprising that many of us are feeling more stressed and anxious these days.

Kids, too, may be feeling worried — especially if they already have an anxiety disorder. Fortunately, there are things we can do to help our kids cope. But first, parents and other caregivers must ease their own concerns.

Children take their cues from the adults who care for them. If you're anxious, then it's very hard to calm your kids. If you're more relaxed, then it's easier to soothe their fears.

So, here are a few steps you can follow to ease COVID-19 anxiety for yourself and your kids.

#### **Step 1: Get the facts**

As the saying goes, "knowledge is power." In any situation, one way to reduce stress is to know the facts. With COVID-19, though, it seems like information is everywhere. What we know about this new virus changes quickly, too. So, it's hard to know what's true and what's not.

To find the facts about COVID-19, and not be overwhelmed, it's a good idea to stick with just one or two trusted resources. Choose well-respected national medical groups like the [National Institutes of Health](#) (NIH), the [Centers for Disease Control and Prevention](#) (CDC), or the [American Academy of Pediatrics](#) (AAP). Or, use other resources you already know and trust — like your doctor's office website.

Facts often can help reduce stress, especially for children with anxiety disorders. If your child is fearful of sickness, for example, you can remind them that the reason people are staying home is to stop the virus from making people sick.

#### **Step 2: Establish a routine**

COVID-19 is disrupting our daily lives in a lot of ways. Kids may be going to school online, for example, while parents work from home.

Although the amount of impact is different for each person, everyone is still affected to one degree or another. Creating a daily family routine can help adults and children alike regain a new sense of "normal."

One way to do this is by structuring your children's day as close as possible to what it was before COVID-19. For example, have them:

- Wake up, get dressed and eat breakfast at the same time they did when going to school.
- Go to a non-distracting area of your home to work on school assignments during the hours they usually would be in school.

Copy the school schedule by switching activities every 30-40 minutes or so. At “lunchtime,” eat lunch together.

### **Step 3: Engage in self-care**

It’s always important for kids to get enough sleep, eat healthy food and engage in physical exercise. During times of anxiety, these self-care activities become even more essential.

You may want to think about the types of activities that relax your child when they experience other stressful events. What do you do to relieve fears at the beginning of a school year, for example? Build those same soothing activities, as well as self-care actions, into your family routine.

### **Step 4: Stay connected**

“Social distancing” measures are meant to keep people healthy. However, children may be sad or even mad about needing to limit their in-person interactions with friends and family.

To keep kids from feeling alone, help them stay connected with others in new ways. Use technology like Skype, Zoom, Facetime or other apps to set up “virtual playdates.” Let friends play a game or eat together. Go on a neighborhood web page and let kids shop online for groceries for an elderly neighbor. Or, just set up regular times for your children to talk with their friends on the phone.

The same holds for adults, as well. Meet virtually with business groups, friends or family regularly. Don’t let physical distancing keep you away from your social support networks.

### **Step 5: Focus on the positive**

Children with anxiety often perceive threatening situations to be more of a danger than they really are, and it takes longer for their bodies’ stress response to “turn off.” But reassurance from parents can go a long way toward calming them. Let kids know that even though there’s still much to learn about COVID-19, it’s up to the adults to figure it out, and they don’t need to worry. Stay positive. Talk about all the things people are doing together to help each other and stay healthy.

It’s a conversation you may need to have many times over the coming days. But one of the best ways to reduce anxiety is simply to make time to talk.

*This article was retrieved from <https://www.nami.org/Blogs/NAMI-Blog/March-2020/How-to-Ease-Children-s-Anxiety-About-COVID-19>*

# TA TIPS AND Tricks

## Improving child development

A new CDC handwashing study shows promising results

Handwashing can help prevent diarrhea and pneumonia, two of the leading causes of death in children around the world.

*"...more than 200 million children under 5 years fail to reach their potential in cognitive development because of poverty, poor health and nutrition, and deficient care."*

Sally Grantham-McGregor and colleagues, *Lancet* 369:60, 2007.



### Sanitation and hygiene are critical to health.

Diarrheal diseases are common and largely preventable. Children are at particular risk for diarrhea and other diseases related to poor water, sanitation, and hygiene. Proper hygiene education is a critical step in reducing illness and death from diarrheal disease. In 2003, the Centers for Disease Control and Prevention (CDC) studied whether good hygiene can prevent diarrhea in young children. Some children in the study were given intensive handwashing promotion for 9 months, and others were not. Children whose families received soap for their handwashing stations and education about handwashing experienced approximately half as much diarrhea as children in a control group during the first 2 1/2 years of their lives, a critical time in their development.

### What does handwashing have to do with healthy child development?

The same children who participated in the 2003 study were followed up in 2009. In addition to having had less diarrhea, the children who got handwashing promotion also scored better in a detailed test of their development when they were 5–7 years old. These findings suggest that handwashing promotion could be an important strategy for improving child welfare.

Heavy diarrhea or intestinal parasite loads in early childhood have been linked to delays in development. However, proper handwashing before meals and after going to the toilet can lower exposure to germs. This can lessen the chances of illness and chronic inflammation—leading to better nutrition intake, more energy available for growth and development, and better attendance at school.

### Important next steps

Transferring these findings to benefit the general public depends on strong partnerships and collaboration. In 2012, CDC presented these findings to 6,000 pediatricians at a meeting of the Pediatric Academic Societies and to a public-private partnership for handwashing with soap.

**The challenge?** To replicate these results in other settings and learn more about why handwashing had this sort of positive health effect in children.

**What is needed?** More robust data to understand how handwashing can work to improve children's health and development—whether by decreasing exposure to germs, increasing parent-child interactions, or both. Meanwhile, increased handwashing advocacy can be beneficial to greater segments of society.

National Center for Emerging and Zoonotic Infectious Diseases  
Division of Foodborne, Waterborne, and Enteric Diseases

<http://www.cdc.gov/healthywater/global/index.html>



## Soap + water = Cleaner bill of health and disease prevention in children

**Children who got handwashing promotion reached developmental milestones 6 months earlier than those who did not.**

**Children whose families were exposed to nine months of a handwashing promotion tended to score better across five areas of development:**

**Cognitive** (skills and abilities commonly thought of as mental or intellectual, with the exception of language and communication skills)—Examples include finding hidden items in a complex picture, recalling facts from a story, and memorizing lines from books, TV shows, or songs.

**Communication** (how effectively a child receives and expresses information and ideas)—Examples include responding to “who” or “what” questions, associating pictures with words, and identifying family members or pets when named.

**Motor** (ability to control and use the large and small muscles of the body)—Examples include throwing a ball, hopping on one foot, and stacking cubes.

**Personal-social** (abilities that allow a child to engage in meaningful interaction with adults and peers and to develop a self-concept and sense of a social role)—Examples include sharing toys, expressing emotions, and showing pride in accomplishments.

**Adaptive** (ability to use information and skills from four other domains above)—Examples include using eating and drinking utensils, dressing themselves, washing their hands, and blowing their noses.

### Proper handwashing in children: A call to action

Expand education to families and caretakers across society so that all children can obtain the health benefits from proper handwashing, and society can obtain the productivity benefits of a healthier population. This is a low-technology and accessible practice that can go hand-in-hand with other programs to promote child well-being, such as nutritional support and parenting education.

Bowen A, Agboatwalla M, Luby S, Tobery T, Ayers T, Hoekstra R. Association between intensive handwashing and child development in Karachi, Pakistan: A cluster controlled trial. Arch Pediatr Adolesc Med. 2012 Sep; [Epub ahead of print]



***“There can be no sharper message to proponents of maternal and child health—that acting early in a child’s life reaps the highest reward both for individuals and societies.”***

**The Lancet, 378:1276, 2011**

## Want to learn from home ?

### Our online training option is available for you!

Maryland Family Network and Maryland Child Care Resource Network is proud to offer an online option for child care providers to meet Maryland training requirements. We provide an affordable and effective selection of courses that meet Maryland training requirements. The following programs are available:

#### Pre-service Programs

45 Hour Pre-service Training (Inf./Tod.)	\$269
90 Hour Pre-service Training (3-5 years of age)	\$299
Center Director Pre-service Training	\$199
Family Provider Pre-Service Training	\$159
9-Hour Communication	\$ 39

#### Child Development Associate Programs

Child Development Associate (CDA) Credential Training	\$299
CDA Credential Training with Portfolio Assistance	\$799
CDA Credential Renewal	\$169

Todos los Programas de Asociados de Desarrollo Infantil están disponibles en español

#### Other Trainings

Supporting Children with Developmental Disabilities in Child Care	\$29.95
Individual Core Knowledge Courses	starting at \$35



# Office of Child Care Training Requirements

## Family Child Care - New Applicant (1/1/2016)

- Pre-Service 24 Hour Training (six 4-hour modules)
- 6-hour class in Emergency and Disaster Preparedness
- 6-hour Medication Administration
- 3-hours Including All Children and the ADA
- Infant/Child/Adult CPR and First Aid Certifications
- SIDS: Sudden Infant Death Syndrome and Supporting Breastfeeding in Child Care Family Child Care
- Basic Health & Safety

## First Renewal Year (applied for license prior to 2016)

- 3-hours of training in each of four areas: Child Development, Mixed Age Groups, Health/Safety/Nutrition, and Professionalism
- Current First Aid and CPR certifications
- 6-additional hours of approved training in any area
- Applicants prior to Jan. 1, 2016, may need other specific training if not taken before registered.
- Verify requirements with your licensing specialist prior to workshop registration.

## Family Child Care - After First Renewal

- 6 hours of approved Core of Knowledge training
- 6 additional hours of approved training in any area
- Current First Aid and CPR certifications

## Child Care Center Staff

For current staff staying in the same positions:

- Aide/Assistant 6 hours per year
- Child Care Teacher 12 hours per year
- Child Care Director 12 hours per year

New hires and staff moving to new positions are subject to additional requirements which may include:

- Center Aide Orientation
- 9-hour Communication Course
- Including All Children and the ADA
- Supporting Breastfeeding in Child Care
- Basic Health & Safety

Feel free to contact our office for questions regarding training requirements. You can sign up for training on our website at: <https://arundelccc.org/services/training/training-calendar/>

# ARUNDEL CHILD CARE CONNECTIONS IS PROUD TO PRESENT: **THE CHICAGO PARENT PROGRAM**



## **What is the Chicago Parent Program?**

The Chicago Parent Program is a 12-session group-based parenting program designed to strengthen parenting skills and communication and improve young children's behavior.

## **How does the Chicago Parent Program work?**

The **FREE** weekly 2-hour Chicago Parent Program sessions are delivered by trained group leaders guided by ***The Chicago Parent Program Group Leader Manual (2nd edition)***. Parents learn during highly interactive group sessions using video examples of parents managing common but often challenging parenting situations at home and in public, group discussion and problem-solving, role play, and practice activities.

## **What are the benefits of the Chicago Parent Program?**

Parents who participated in the Chicago Parent Program had:

- Improvements in children's behavior problems (based on independent observations, teacher ratings, and parent-report)
- Reductions in parents' use of corporal punishment
- Increases in parents' consistency with discipline
- Increases in parenting confidence
- Improvements in children's behavior in the classroom based on teachers' report of behavior problems
- Equivalent benefits compared to other evidence-based programs but greater parent satisfaction and at lower cost

## **Other important information:**

This is an eight (8) week program. Classes will be held via webinar every Tuesday 5:00 PM-7:00 pm, beginning May 5, 2020.

For more information please contact our office training coordinator or ECMH staff:

**Heather Pendleton**- Training Coordinator [heather@arundelccc.org](mailto:heather@arundelccc.org)

**Tya' Burris**- CHAMPS Behavior Specialist [tya@arundelccc.org](mailto:tya@arundelccc.org)

**Danequa Offei**- CHAMPS Behavior Specialist [danequa@arundelccc.org](mailto:danequa@arundelccc.org)

Or call our office (443) 782-5001

# Chicago Parent Program Training Registration & Participation

- **Pre-registration** is required to attend all workshops. Pre-registration occurs when Arundel Child Care Connections (ACCC) receives a registration form by noon the day before the workshop. Same day registrations **will not be** accepted for this workshop.
- **Registration is on a first come, first serve basis.** If your registration is received after a workshop has met its capacity, we will notify you and deny your registration. Registrations are not transferable. Confirmations will **not** be emailed/mailed. You may call 443-782-5001 to verify your enrollment in the class. Registrations must be e-mailed to [aleace@arundelccc.org](mailto:aleace@arundelccc.org) please put **Chicago Parent Workshop** in the subject line.
- **You must be present and participate in all of the workshops to receive a certificate.** Workshops begin at the stated time; please plan to arrive ten minutes early to sign-in. If you arrive 15 or more minutes after the stated start time of the workshop you will be asked to leave. You will not be eligible for a certificate, credit, or refund. Training certificates are issued at the conclusion of the program (after attending all 8 workshops).
- **If you do not show up for a scheduled class, you forfeit your registration.**
- **Call 443-782-5001 in advance if you need assistance** or require special accommodations at the workshop.
- **In the event of cancellation** call 443-782-5001 for cancellation of workshops. In the event of a cancelled workshop due to technical difficulties or an unforeseen emergency, ACCC will reschedule for a different date.

## Chicago Parent Workshop Registration

**Please Print All Information**

1. Name: \_\_\_\_\_ \*Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Address City, State, \*Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ \*Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Address City, State, \*Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Workshop	Date	Location	Cost
Chicago Parent Program- Session 1	5/5/2020	Virtual	\$0.00
Chicago Parent Program- Session 2	5/12/2020	Virtual	\$0.00
Chicago Parent Program- Session 3	5/19/2020	Virtual	\$0.00
Chicago Parent Program- Session 4	5/26/2020	Virtual	\$0.00
Chicago Parent Program- Session 5	6/2/2020	Virtual	\$0.00
Chicago Parent Program- Session 6	6/9/2020	Virtual	\$0.00
Chicago Parent Program- Session 7	6/16/2020	Virtual	\$0.00
Chicago Parent Program- Session 8	6/23/2020	Virtual	\$0.00

## **\*\*Important Training Note\*\***

All classes listed are  
**VIRTUAL ONLY and MUST BE**  
**registered via our online**  
**system!**

Currently, classes held in person are scheduled to resume on July 1, 2020. If there is still an executive order in place and/or correspondence from MSDE extending prohibition of large group gatherings, training will continue in a virtual format. The July and August training schedules will be available by June 1, 2020 on our webpage or by contacting the training coordinator:

Heather Pendleton-

[heather@arundelccc.org](mailto:heather@arundelccc.org)

**ALL CLASSES ARE SUBJECT TO  
CHANGE DUE TO COVID-19  
RESTRICTIONS.**

### **Core of Knowledge Codes:**

**CD - Child Development**

**CM - Community**

**CU - Curriculum**

**HSN - Health, Safety, &**

**Nutrition**

**Prof- Professionalism**

**SN - Special Needs**

## **Levels of Training**

**Beginner** – Hands-on training and baseline information for new child care professionals and those seeking refresher training. For example, make and take workshops, basic health and safety, supervision, professional ethics, basic curriculum planning, etc.

**Intermediate** – Training that includes theoretical/academic information, for example, the theories of child development, the connection between development and curriculum, meeting the needs of individual children, etc.

**Advanced** – Training for experienced child care professionals that include information on research conducted and its implication for the child care field. For example, implications of current research for school readiness, infant development, etc.

Register for training : <https://workshops.arundelccc.org/CVSFListView.aspx>

## **May 2020**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### **Chicago Parent Program (CPP)**

**Tuesday, May 5, 2020**

**Tuesday, May 12, 2020**

**Tuesday, May 19, 2020**

**Tuesday, May 26, 2020**

5:00 pm– 7:00 pm

**Location: Virtual**

**Instructor: Rachel Rothwell**

**Fee: \$0 (for parents only!)**

The Chicago Parent Program is a 12-session group-based parenting program designed to strengthen parenting skills and communication and improve young children's behavior.

### **Little Kids At Hope**

**Wednesday, May 6, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs COM**

An innovative concept which states and demonstrates that all children are capable of success, NO EXCEPTIONS! This workshop delivers a belief system supported by a cultural strategy and enhanced by programs for the success of all children.

### **Reporting Child Abuse and Preventing Bullying**

**Thursday, May 7, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Rebecca Schaefer**

**Fee: \$38 Member Fee: \$33**

**1 CD 2HSN**

In this training you will develop a policy for preventing and reporting child abuse as well as the signs and symptoms of bullying behaviors and victims' behaviors.

### **Making Stories Come Alive**

**Tuesday, May 12, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs CUR**

The workshop covers the normal milestones of language in children from birth through age 3, stressing how language is "caught" by providing a rich verbal environment, and not "taught" in carefully laid out lessons. Activities such as: conversation, books, nursery rhymes, and American Sign Language are exemplified– which help infants and toddlers to communicate.

### **Fun With Found Materials**

**Thursday, May 14, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs CUR**

Do you have a collection of "stuff" that you are not sure what you could create with it? In this workshop, we will explore how to use found materials in a creative way and engage young children in the process.

### **Baby Talk**

**Monday, May 18, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs CUR**

The workshop covers the normal milestones of language in children from birth through age 3, stressing how language is "caught" by providing a rich verbal environment, and not "taught" in carefully laid out lessons.

Activities such as: conversation, books, nursery rhymes, and American Sign Language are exemplified– which help infants and toddlers to communicate.

### **Music All Day Long**

**Tuesday, May 19, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs CUR**

Music can be made an integral part of a child's day, from Hello songs, to creative movement, to natural rhythms at work while children play. Participants will learn to encourage musical exploration and have a chance to engage in a variety of musical experiences during the workshop.

### **Improving Transitions in Your Program**

**Wednesday, May 20, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Debbie Wood**

**Fee: \$38 Member Fee: \$33**

**3 hrs CUR**

Moving from place to place, activity to activity, is often filled with tears, screaming and tantrums. Learn how you can smooth transitions to make them productive, fun times for children and stress free for adults.

### **Story time for Infants and Toddlers**

**Tuesday, May 26, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor: Rebecca Schaefer**

**Fee: \$38 Member Fee: \$33**

**1 hr CD, 2 hrs CUR**

In this session, we will learn about the literacy developmental milestones of our youngest learners. We will also explore how to choose appropriate books and identify strategies for planning and executing story time. We will view different story time techniques through videos and have an opportunity to plan and practice a story time.

### **Making Families Welcome: Positive Partnerships with Families**

**Wednesday, May 27, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Lindsey Dryer

**Fee:** \$38 **Member Fee:** \$33

**3 hrs COM**

This course provides child care providers with the tools for understanding positive partnerships with parents/guardians/family members. It is designed to help providers select a variety of ways for families to be represented in their classrooms so that the children feel comfortable and to stay connected to their families and community while they are in the child care setting.

### **Basic Health & Safety**

**Thursday, May 28, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Lauren Bond

**Fee:** \$45 **Member Fee:** \$40

**3 hrs HSN**

This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas.

## **June 2020**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### **Chicago Parent Program (CPP)**

**Tuesday, June 2, 2020**

**Tuesday, June 9, 2020**

**Tuesday, June 16, 2020**

**Tuesday, June 23, 2020**

5:00 pm– 7:00 pm

**Location: Virtual**

**Instructor:** Rachel Rothwell

**Fee:** \$0 (for parents only!)

The Chicago Parent Program is a 12-session group-based parenting program designed to strengthen parenting skills and communication and improve young children's behavior.

### **Including all Children and The American Disabilities Act (ADA)**

**Wednesday, June 3, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Lauren Bond

**Fee:** \$38 **Member Fee:** \$33

**3 hrs SN**

Child care professionals will be presented with information, strategies, and resources on how to develop and implement an ECE environment using best practices that is inclusive to all children and families.

### **Let's Hear it for the Boys**

**Wednesday, June 10, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Debbie Wood

**Fee:** \$38 **Member Fee:** \$33

**3 hrs CD**

Male-female differences include the structure of the brain. While equal opportunities for boys and girls may be an assumed right, child care professionals – of whom 98% are female – need to be mindful of biologically based differences. This workshop provides many hands-on examples of how to incorporate appropriate expectations in boys for energy level, problem-solving, emotional experience, language skills, and other behavior.

### **Supporting Young English Language Learners**

**Monday, June 15, 2020**

6:00pm - 9:00 pm

**Location: Virtual**

**Instructor:** Heather Pendleton

**Fee:** \$38 **Member Fee:** \$33

**1 hr CUR, 1 hr COM, 1 hr CD**

This session gives educators the skills needed to help support the young English language learners in their care.

### **Creative Activities**

**Wednesday, June 17, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Debbie Wood

**Fee:** \$38 **Member Fee:** \$33

**3 hrs CUR**

A discussion will contrast activities that are creative experiences for children with those that are not (however artsy or crafty the activity may be!). Participants will reflect on the value of using activities that stimulate creative problem solving as a developing skill in their children.

### **School Age Science Activities**

**Monday, June 22, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Debbie Wood

**Fee:** \$38 **Member Fee:** \$33

**3 hrs CUR**

Explore a variety of topic areas including: water, electricity, magnetism, simple tools, classification of living things, biomes, weather, polymers and other kitchen chemistry.

### **Math Learning Through Play**

**Wednesday, June 24, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Debbie Wood

**Fee:** \$38 **Member Fee:** \$33

**3 hrs CUR**

Math learning is happening as a scene unfolds in the housekeeping corner, as a construction team works in the block corner, and as children play with puzzles, the sand table, play-ground equipment, art materials, etc., etc., etc. Learn the specific math concepts that preschool children are acquiring and how you can support their learn-

### **Raindrops on Noses and Toes in the Dirt: Infants and Toddlers in the Outside Classroom**

**Thursday, June 25, 2020**

6:00 pm - 9:00 pm

**Location: Virtual**

**Instructor:** Rebecca Schaefer

**Fee:** \$38 **Member Fee:** \$33

**3 hrs CUR**

This workshop takes a look at how to develop and create an outdoor classroom across all the domains of learning for infants and toddlers in your care.

### **How to Expertly Navigate Conflict in the Workplace**

**Saturday, June 27, 2020**

10:00 am - 1:00 pm

**Location: Virtual**

**Instructor:** Lindsey Dryer

**Fee:** \$38 **Member Fee:** \$33

**3 hrs PRO**

Conflict is inevitable as people work together. It is not the conflict that is the problem, but people's reaction to it. The class teaches educators the common sources of conflicts in the work place, how to get to the root of the conflict, and how to handle it in a professional manner so that the work place can remain harmonious and productive.

**P**

When you see this symbol, it represents the letter "P" for

**Parents.**

This "P" means any parent is welcome to attend this class for  
**FREE!**

**No certificate will be issued.**

Please register.

### **We Offer On-Site Training\***

Onsite training is the perfect option for programs that are looking to train their team all at once. You can tailor the training to your programs specific needs. We work with you to meet your schedule by minimizing travel burdens or time away from work for your team. If you are interested in having us come out to train your team please visit our website and complete the onsite training request or email our training coordinator:

**Heather Pendleton at [heather@arundelccc.org](mailto:heather@arundelccc.org)**

**\*Due to COVID-19, onsite training is suspended until further notice**

# Locate: child care

## If you have a concern about your child care

If you are dissatisfied with a caregiver, you may contact LOCATE: Child Care at 877.261.0060 and speak with a Referral Specialist to discuss your concerns. Many difficulties between you and a provider can be resolved. Your Referral Specialist can give you some helpful tips for continued communication with your provider.

Complaints that involve any threat to the health, safety or welfare of a child should be immediately registered with your regional Office of Child Care and, in certain circumstances, with the Child Protective Services division of your local department of social services. LOCATE: Child Care Referral Specialists can be reached by telephone at 877.261.0060 and can provide you with the telephone numbers of the office nearest you.

If you do have a complaint of this nature, our Referral Specialists can assist you by gathering pertinent information concerning your concern and registering your complaint with the appropriate regulatory or social services agency. The complete LOCATE: Child Care complaint policy is available below for you to review.

## Locate: child care complaint policy

Through MFN's LOCATE: Child Care service, parents share feedback with the LOCATE: Child Care staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, MFN and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE: Child Care Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE: Child Care about child care providers/facilities are recorded. The type of complaint is then determined:

**Less Serious Complaint – No Violation:** complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

**Less Serious Complaint Involving Violation:** complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

**Serious Complaint:** any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE: Child Care with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE: Child Care system, no referrals are made by the referral specialists to that provider/facility. The LOCATE: Child Care Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE: Child Care files. Providers are advised of LOCATE: Child Care's actions in writing.

A provider may appeal the LOCATE: Child Care Director's decision to cease referrals. Appeals are first addressed to the LOCATE: Child Care Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE: Child Care and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care.

### Child care resource and referral center complaint policy

All of the resource centers of the Maryland Child Care Resource Network strive to provide high quality service to their constituencies. However, in the event that someone has concerns about an incident regarding some aspect of service at a regional child care resource center or feels that he/she was mistreated by a staff member of a resource center, the caller should contact the resource center involved.

If the person is not satisfied with the way the concern or complaint was handled by the regional resource center, he/she can contact the Network Manager at the Maryland Family Network (MFN) at 410.659.7701. As the Statewide Coordinating Entity, MFN will investigate the complaint and act on it appropriately.

\*all LOCATE information was retrieved from : <http://www.marylandfamilynetwork.org/complaint-policy/>

# Helpful Telephone Numbers

LOCATE: Child Care (Child Care Referral Service for parents) . . . . .	1-877-261-0060
LOCATE: Child Care (Update Services for Providers) . . . . .	1-866-752-1614
Arundel Child Care Connections Office . . . . .	443-782-5001
Arundel Child Care Connections Executive Director (Germaine Adams) ext 100. . . . .	443-782-500
Arundel Child Care Connections Training Coordinator (Heather Pendleton) ext 101 . . . . .	443-782-5007
Arundel Child Care Connections Training Registrar/Education Assistant (Aleace Douglas) ext 105..	443-782-5004
Arundel Child Care Connections Early Childhood Specialist (Stacey King) ext 102. . . . .	443-782-5005
CHAMPS Program - Early Childhood Behavior Specialist (Tya Burris) ext 103 . . . . .	443-782-5009
CHAMPS Program - Early Childhood Behavior Specialist (Danequa Offei) ext 104. . . . .	443-782-5006
Office of Child Care Regional Office - Region 1 - Annapolis . . . . .	410-573-9522
Maryland EXCELS Quality Assurance Specialist (Thea Quible) . . . . .	410-573-9523
Anne Arundel County Family Child Care Association . . . . .	410-695-0895
Anne Arundel County Child Care Center Association . . . . .	443-274-2097
Anne Arundel County Infants and Toddlers Program (Birth to 3) . . . . .	410-222-6911
Anne Arundel County Child Find (Ages 3-5) . . . . .	410-766-6662
Maryland Children Health Program . . . . .	800-456-8900
The Caring Connection . . . . .	888-817-8687
The Planning Council (USDA Child Food Program for Family) . . . . .	800-410-9774
The Planning Council (USDA Child Food Program for Centers) . . . . .	410-767-0214
Anne Arundel County Network of Care for Children & Families . . . . .	800-485-0041
Anne Arundel County Department of Social Services . . . . .	410-269-4500
Anne Arundel County Child Protective Services . . . . .	410-421-8400
Maryland POISON Center..... . . . .	800-222-1222
Child Care Subsidy (Purchase of Care Vouchers)..... . . . .	866-243-8796

Due to COVID-19 and Governor Hogan's executive order to practice social distancing, our office is currently closed to the public and the entire ACCC staff is working remotely. Our current office hours are as follows:

Monday– Friday 8:30 am– 4:30 pm

Closed:

Monday, May 25, 2020 (Memorial Day)

Friday, July 3, 2020 (Independence Day Observed)

We will resume with our standard hours once we return to the office:

**Arundel Child Care Connections**

**Business Hours**

**Monday– Thursday**

8:30 am– 4:30 pm

**Friday (Office Day)**

9:00 am– 3:00 pm

**In the event of  
INCLEMENT WEATHER  
Call...443-782-5001**

**Our office will be CLOSED if  
Anne Arundel County  
Public Schools announce  
"Code Red".**

## Arundel Child Care Connections

### Board of Directors

FY 2019

**William (Joe) J. Selle**

*Board President/ Interim*

*Treasurer*

*Assistant Attorney General*

*Maryland Environmental*

*Service*

**Savannah Stamates**

*Judy Center Program Manager*

*Judy Center Hilltop Elementary*

*School & Belle Grove*

*Elementary*

*Anne Arundel County*

*Public Schools*

**Jessica Kemper**

*Director of Woods Child*

*Development Center*

*Child Care Center*

*Association Representative*

*Anne Arundel County*

*Center Association*

**Julie Dobies**

*Territory Manager*

*Secretary*

*Kaplan Early Learning Company*

## Arundel Child Care Connections

**44 Calvert Street, Suite 140A**

**Annapolis, MD 21401**

**[www.arundelccc.org](http://www.arundelccc.org)**

**Main Phone (443) 782-5001**

**Fax (443) 782-5002**

**Email: [welcome@arundelccc.org](mailto:welcome@arundelccc.org)**

**If you would like to join our  
mailing list, please send your  
name, program name, & email**



**Connect with Us**



## PHILOSOPHIES, PRINCIPLES, AND VALUES

1. Meeting individuals and organizations where they are: sharing our passion for serving children, families, and staff
2. Promotion of self-care: creating space in the day to do things that nurture and sustain you and your chosen profession
3. Culture of Collaboration: sharing behaviors and values that promote and support knowledge exchange with the children, families, and child care providers we serve
4. Commitment to growth: refining the knowledge, passion, and professionalism of those we serve
5. Empowering the profession: enabling staff and providers to build trust and empathy, solicit feedback, provide instruction, simplify discovery, show appreciation, and recognize limitations in order to promote and strengthen the early education field.



The Arundel Child Care Connections, Inc. is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, and through Maryland