

# ARUNDEL CHILD CARE CONNECTIONS IS PROUD TO PRESENT: THE CHICAGO PARENT PROGRAM

## What is the Chicago Parent Program?

The Chicago Parent Program is an 8-session group-based parenting program designed to strengthen parenting skills and communication and improve young children's behavior.



## How does the Chicago Parent Program work?

The **FREE** weekly 2-hour Chicago Parent Program sessions are delivered by trained group leaders guided by *The Chicago Parent Program Group Leader Manual (2nd edition)*. Parents learn during highly interactive group sessions using video examples of parents managing common but often challenging parenting situations at home and in public, group discussion and problem-solving, role play, and practice activities.

## What are the benefits of the Chicago Parent Program?

Parents who participated in the Chicago Parent Program had:

- Improvements in children's behavior problems (based on independent observations, teacher ratings, and parent-report)
- Reductions in parents' use of corporal punishment
- Increases in parents' consistency with discipline
- Increases in parenting confidence
- Improvements in children's behavior in the classroom based on teachers' report of behavior problems
- Equivalent benefits compared to other evidence-based programs but greater parent satisfaction and at lower cost

## Other important information:

- This is an eight (8) week program. Classes will be held via webinar every Tuesday 5:00 PM-7:00 pm, beginning July 7<sup>th</sup>, 2020.
- **You must be present and participate in all of the workshops to receive a certificate.**

For more information please contact our office training coordinator or ECMH staff:

**Heather Pendleton**- Training Coordinator [heather@arundelccc.org](mailto:heather@arundelccc.org)

**Tya' Burris**- CHAMPS Behavior Specialist [tya@arundelccc.org](mailto:tya@arundelccc.org)

**Danequa Offei**- CHAMPS Behavior Specialist [danequa@arundelccc.org](mailto:danequa@arundelccc.org)

Or call our office (443) 782-5001



# Chicago Parent Program Training Registration & Participation



- **Pre-registration** is required to attend all workshops. Pre-registration occurs when Arundel Child Care Connections (ACCC) receives a registration form by noon the day before the workshop. Same day registrations **will not be** accepted for this workshop.
- **Registration is on a first come, first serve basis.** If your registration is received after a workshop has met its capacity, we will notify you and deny your registration. Registrations are not transferable. Confirmations will **not** be emailed/mailed. You may call 443-782-5001 to verify your enrollment in the class. Registrations must be e-mailed to [aleace@arundelccc.org](mailto:aleace@arundelccc.org) please put **Chicago Parent Workshop** in the subject line.
- **You must be present and participate in all of the workshops to receive a certificate.** Workshops begin at the stated time; please plan to arrive ten minutes early to sign-in. If you arrive 15 or more minutes after the stated start time of the workshop you will be asked to leave. You will not be eligible for a certificate, credit, or refund. Training certificates are issued at the conclusion of the program (after attending all 8 workshops).
- **If you do not show up for a scheduled class, you forfeit your registration.**
- **Call 443-782-5001 in advance if you need assistance** or require special accommodations at the workshop.
- **In the event of cancellation** call 443-782-5001 for cancellation of workshops. In the event of a cancelled workshop due to technical difficulties or an unforeseen emergency, ACCC will reschedule for a different date.

*All workshops are approved by MSDE Office of Child Care, training numbers: CKO-156225*

## Chicago Parent Workshop Registration

**Please Print All Information**

1. Name: \_\_\_\_\_ \*Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Address City, State, \*Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ \*Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Address City, State, \*Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

| Workshop                          | Date      | Location | Cost   |
|-----------------------------------|-----------|----------|--------|
| Chicago Parent Program- Session 1 | 7/7/2020  | Virtual  | \$0.00 |
| Chicago Parent Program- Session 2 | 7/14/2020 | Virtual  | \$0.00 |
| Chicago Parent Program- Session 3 | 7/21/2020 | Virtual  | \$0.00 |
| Chicago Parent Program- Session 4 | 7/28/2020 | Virtual  | \$0.00 |
| Chicago Parent Program- Session 5 | 8/4/2020  | Virtual  | \$0.00 |
| Chicago Parent Program- Session 6 | 8/11/2020 | Virtual  | \$0.00 |
| Chicago Parent Program- Session 7 | 8/18/2020 | Virtual  | \$0.00 |
| Chicago Parent Program- Session 8 | 8/25/2020 | Virtual  | \$0.00 |